

# SOUTH TYNESIDE

# KEY 2 LIFE



# FOODBANK

@ THE LIBRARY, BOLDON LANE  
SOUTH SHIELDS NE34 0LZ



KEY 2 LIFE

Any donations that you are able to make will help our community greatly, we especially need;

**UHT Milk**

**Pasta sauce**

**Tinned meat**

**Tinned fish**

**Tinned meals (eg, curry, chilli)**

**Small packs of noodles**

**Tinned vegetables inc. potatoes**

**Tinned fruit**

**Small packs of cereal**

**Creamed rice**

Many thanks for your support  
For more information  
regarding donations,  
referrals and volunteering  
opportunities please call  
**0191 496 9710**