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## PROFESSIONAL DEVELOPMENT CATALOGUE

### SAFEGUARDING

Understanding self-harming in school aged children—

*New date* 2 April 2019, 1pm-3pm, The Clervaux Exchange

With a growing number of young people experiencing mental health issues this session explores the concerning area of self-harm.

This training is suitable for: Management Teachers, Pastoral Staff Support Staff, Admin, Teaching Assistants, First Aiders School Outreach Workers, PSAs, Family Support Officers, Attendance Officers.

Course Contents:

- Increased awareness of the subject and define issues Identifying pre-disposing factors and issues which are linked to a pupil's self-harming.
- Understanding the risk factors which can lead to self-harm.
- Further explore the issue through case studies.