

Epina y Café snacks in 30 minutes club will held on Tuesdays

3.00 pm and 4.00 pm on:

- **Tuesday 1st May**
- **Tuesday 8th May**
- **Tuesday 15th May**
- **Tuesday 22nd May**
- **Tuesday 5th June**
- **Tuesday 12th June**
- **Tuesday 19th June**
- **Tuesday 26th June**
- **Tuesday 3rd July**
- **Tuesday 10th July**

The aim of this club is to raise awareness of the healthier alternatives when cooking by adapting everyday recipes within 30 minutes.

Each week pupils will have the chance to taste products produced and for a small donation these products could be available to take home. All children receive an end of term certificate for participation.



Extended Schools Information

Snacks in 30 minutes

Class 6 and

Summer 2018

Weekly overview:

Week 1:

Induction, health and safety around the kitchen.

Fruit and vegetable knife skills

Week 2:

Soups

Week 3:

Pasta dishes

Week 4:

Meat dishes

Week 5:

Pastry products (rubbing in)

Week 6:

Biscuits

Week 7:

Cakes (creaming)

Week 8:

saucés

Week 9

Bread dishes

Week 10

Students choice



Club leads:

Mr Becke



Mrs Dunn

